

10 FREE THINGS TO DO IN THE JUNGFRAU REGION

1

Take a hike! There are hundreds of marked trails to suit all ages and abilities. Stroll by a lake or stream, ascend a mountain or wander along a ridge top. There's a hike to suit every visitor.

Done:

2

Watch paragliders land in Hohematte Park. Water fountains, green grass and a backdrop of mountains makes this an idyllic spot to sit down for a picnic and enjoy a rest whilst watching an aerial exhibition.

Done:

3

Feel the spray from Lauterbrunnen's most famous waterfall, **Staubbach Falls**. A path leads from the main road to a viewing terrace behind the falls. Be prepared to get wet!

Done:

4

Get stunning views from the **Tissot Cliff Walk** at Mt. First. There's a fee for the cable car to the summit but if you're prepared to walk, you'll be rewarded with panoramic vistas for free.

Done:

5

Learn about the history of Interlaken and surrounds on a free **two-hour walking tour**. You'll be introduced to some secret hideaways and will get an insider's perspective on Interlaken.

Done:

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6 Walk the **Fountain Trail** (*Brunnenweg*) in Matten and learn all about the incredibly pure drinking water that flows down from the UNESCO World Cultural Heritage Aletsch region.

Done:

7 Head to the **Kambly Experience** at Trubschachen where you can watch the master bakers create Switzerland's most famous biscuits, and then sample more than 100 different varieties after your tour.

Done:

8 Take a short, but somewhat challenging, hike to the **Unspunnen Castle** ruins near Wilderswil. The ruins date back to the 13th century and a well-preserved round tower still remains.

Done:

9 Enjoy a quiet stroll around the gardens of **Interlaken's own Castle and Augustinian Monastery**. The castle church features a steeple dating back to the 14th century and there's a Gothic cloister gallery, too.

Done:

10 Take a moment to **appreciate your surroundings**. There are few places in the world that can top the beauty of the Jungfrau Region with its crystal clear lakes and majestic alpine peaks.

Done:

READY TO PLAN YOUR VISIT TO THE JUNGFRAU REGION?

You need this



JUNGFRAU REGION TRAVEL GUIDE



Bonus: Planning your visit to Jungfraujoeh Top of Europe
Bonus: Planning your visit to Schilthorn

\$US 17

GET IT NOW >>

**JAM-PACKED WITH VITAL INFO TO HELP YOU DECIDE WHERE TO
STAY, WHERE TO EAT AND WHAT TO DO IN THE JUNGFRAU
REGION.**

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